



Burkhardt • Pecora orthodontics

FORSUS SPRINGS

You have just received Forsus springs. These springs are fixed in place and are designed to move the upper molars in a backward direction and bring the lower teeth forward to correct the relationship of the upper and lower teeth and to correct the excess overjet. These springs are typically left in place for four-to-six months and, upon their removal, elastics may be resumed to maintain the correction that was achieved.

It is very important that excellent hygiene be maintained while these springs are in place. Food may lodge in the coils of the springs and should be brushed thoroughly with your toothbrush. If needed, a WaterPik may be used in conjunction with the tooth brushing.

The Forsus springs are designed to accommodate normal jaw motion for eating and speaking; however, you should avoid trying to open your mouth extremely wide (especially while yawning or eating) otherwise the appliance could deform, separate or loosen a molar band. You should also resist the urge to chew or bite on the spring, as this may deform or break the spring or cause injury to the inside of your mouth. If breakage does occur, please contact the office for an appointment.

It is common to experience mild discomfort following delivery of these Forsus springs. The teeth may be sore for the first two-to-five days. Over-the-counter medications (Tylenol or ibuprofen) should be sufficient to alleviate the discomfort. If the springs appear to be loose or broken, or if there is persistent pain, please call the office for an appointment as soon as possible.

Should you have any questions, please do not hesitate to call our office.